

LAKEs OF LAMAR

THE GEMS OF THE DOLOMITES

SPORT
AND FUN



YEAR 2026



Welcome to the 2026 edition of our magazine, the yearbook that takes you on a journey to discover the natural gems nestled between the Dolomites and Vallelaghi. So far, we have told you the stories of the mountain refuges and the secrets of our flora. This year, we decided to make your heart beat faster. 'Sport & Fun' is not just an invitation to enjoy yourself: it is a way of experiencing the territory of Paganella and the Lakes of Lamar by feeling its energy on your skin.

Climbing a wall, flying through the air, gliding on water, or cycling through the woods means connecting with nature in a deep and respectful way. We interviewed some of the key figures of the Trentino outdoor scene for you: from mountaineering legends to motor-sport champions who have chosen ecological two-wheelers, to masters of flight and water. Let yourself be inspired, strap on your helmet, and get ready for adventure. Enjoy the read.

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Tourist and Territorial Information

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THE BREATH OF THE WIND



Interview with Maurizio "Maury" Di Palma, pioneer of Tandem BASE jumping

Maurizio, what does it mean to you to jump into the void from the Trentino cliffs?

It is a total connection. The adrenaline is sky-high, but in those seconds of freefall, there is an absolute silence in which only you and the mountain exist. The walls of Monte Brento and the surrounding massifs offer a unique, breathtaking landscape in the world.

You brought Tandem BASE to Italy. How do people react to their first jump?

It is pure magic. Many people come with terror in their eyes, but when we touch the ground, that terror has transformed into pure vital force. It is an extreme but incredibly safe way to merge with the element of air, dissolving mental barriers.

How do you reconcile such an extreme sport with environmental respect?

A BASE jumper is a guest of the mountain. You walk through the woods to reach the exit point, often in silence. We leave no trace behind other than the rustle of the canopy opening. We love these rocks more than anyone else.



On Paganella and in the Valley of the Lakes are some of the most vertical and striking walls in Europe. Maurizio di Palma, expert skydiver and pioneer of Tandem BASE jumping worldwide, turns the impossible into an accessible thrill.





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CHANGE ENGINE, SAME ADRENALINE



Riding with Marco Melandri,
250cc World Champion and Enduro lover



Marco, from the asphalt racetracks of the world to the forests of Paganella. How did this transition happen?

It was a return to primal instinct. When you race motorcycles, you look for tenths of a second; when you ride down these trails with an e-bike, you look for the flow, the perfect flow among the trees. Paganella offers trajectories and landscapes that make you fall in love at every turn.

Has the e-bike revolutionized cycle tourism in these areas?

Absolutely. Pedal assist allows you to enjoy views that were previously reserved only for the most trained athletes. It lets you tackle challenging elevation gains while preserving energy to fully enjoy the descent and the natural landscape.

What is the secret to having fun on a MTB here while respecting hikers?

Sharing and common sense. The mountain belongs to everyone. Riding an e-bike does not mean doing motocross: it is a dance on the pedals. When you encounter trekkers on mixed trails, you slow down, greet them with a smile, and move on. Sport is, first and foremost, respect.



From MotoGP to the dirt paths of Trentino. Marco Melandri discovered his new personal paradise on the Paganella and nearby valleys, driven by electric energy and leg power.



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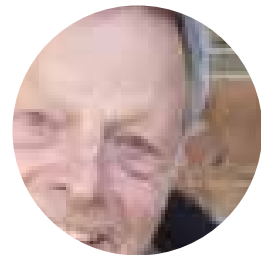


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THE DNA OF THE DOLOMITES



A chat with **Claudio Detassis**,
son of the “King of Brenta” **Bruno Detassis**

Claudio, your father Bruno opened historic routes on Paganella. What connection do you have with these rocks?

It is a blood bond. Since I was a child, I breathed the high-altitude air at the Brentei Refuge and learned that the mountain must be listened to before being climbed. Paganella, with its southeast-facing walls, was the true school of classic mountaineering. Every handhold tells a story.

Modern climbing is experiencing a boom. What do you feel when you see so many young people on the walls?

I am happy about it. However, it is essential to pass down that climbing is not just a gymnastic performance. Climbing near the Lakes of Lamar or on the Roda della Paganella means entering into intimacy with geological eras. Young people must learn respect for the environment that protects and hosts them.

Any advice for those who want to start approaching the walls of Vallelaghi?

Start with humility and rely on professionals. Do not be in a hurry to reach the summit, but enjoy every movement on the rock.



Paganella and Brenta bear the signature of a legendary mountaineering family. Claudio Detassis, alpine guide and competitive skier, tells us what it means to “touch” history.

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GLIDING ON THE MIRROR OF THE LAKE



Meeting Martin Stedile,
manager of "Lake Line" Terlagio



Martin, how did the idea of Lake Line come about?

We wanted to create a space where the adrenaline of board sports met accessibility. The cable park is exceptional because it doesn't use motorboats: everything is electrically powered, without polluting the water or creating waves that would disrupt the ecosystem.

What is the atmosphere like on the west bank of the lake?

It's a family. Kids, adults, beginners, and experts gather here not just to surf, but to experience summer in a healthy way. The predominant sound is not that of engines, but the board sliding on the water and friends laughing on the shore.

Can anyone really do it?

Certainly. Our mission is precisely this: from children to adults who want to try something new. Furthermore, we are working to make our facility accessible to people with disabilities very soon: we expect to be operational for the 2026 season. By then, we will have

special seats that will allow even those who do not have the use of their legs to practice wakeboarding (sit-wake) and enjoy the adrenaline of gliding on the water in total safety and autonomy.



Just a stone's throw from the Lakes of Lamar lies Lake Terlagio, where wakeboarding has found a sustainable and explosive home, becoming the beating heart of the youth community.



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FAMILY ADVENTURES



**Interview with Marco,
Elias Adventure Park**

Marco, your park is unique in Trentino. How does the experience among the rocks and the river change compared to the classic forest?

It is a feeling of solidity and pure adrenaline. At Elias, you are not just surrounded by rock faces and cyclopean boulders, but you find yourself literally flying over the Sarca River. Seeing the water flowing rapidly beneath you as you cross our suspended courses is an incredible thrill. It is a wild environment where the 'void' tastes like water vapor and the sound of the water constantly reminds you of the power of nature.

Many parents choose Elias for their children's first real 'challenge'. Why?

Because here, young people do not just overcome a physical obstacle, but a mental boundary. Often we are disconnected from the earth. Putting on a harness and relying on your own strength to cross a Tibetan bridge suspended over boulders — or a zipline flying above the Sarca — restores self-confidence. We teach them that stone is a friend and that the water flowing beneath them is life, and that balance is a conquest.

How do you reconcile such a dynamic activity with the protection of a geological site?

It is our priority. The structures are anchored using low-impact techniques, respecting the millennia of history written on these stones and the integrity of the riverbed. We have not altered the place; we have made it 'narrating'. Being at Elias means being active guests in the home of a stone giant crossed by the Sarca, learning to respect its size and the passage of time.



Adventure does not necessarily have to defy the laws of gravity at high altitude. In Gaggiolo (Dro), nestled in the almost 'extraterrestrial' landscape of the Marocche — the largest post-glacial deposit in the Alps — stands a place where rock becomes a suspended playground. Here Marco has created an oasis of adrenaline and safety where the courses challenge gravity by crossing the rushing waters of the Sarca River, which flows powerfully right beneath the feet of the adventurers.



eliasadventurepark.com



SPEED PERFORMANCE: THE MOTOR PULSE BETWEEN LAKES LAMAR AND TERLAGO
From technical preparation to the challenge of the Dakar: the racing soul of Michele Tondin.

At the gates of Terlagio, the passion for motors is not just a job, but a technical mission that looks straight to international competitions. We met Michele Tondin, owner of Speed Performance, to understand how a project is born that combines daily assistance with the dream of the Dakar.

Michele, your business is born from pure experience. How did the journey of Speed Performance begin here in Terlagio?

Michele Tondin: Everything starts from the passion for racing. My path began by focusing on electronics, then expanded to create a complete workshop covering mechanics, electronics, and tire services. Today we don't just do assistance: we follow the racing world at 360 degrees, from design to preparation, up to direct support on the racetracks.

Paganella offers spectacular but challenging terrains. How much does your technical experience influence the advice you give to those who live in these mountains?

Michele Tondin: It has a decisive influence. Knowing the vehicles inside out allows us to offer concrete advice, avoiding standard solutions and targeting what is really needed to tackle Paganella. Every intervention comes from a solid technical base: in the workshop, we even make custom exhausts, welded and fitted directly on the vehicle to ensure reliability and performance.





You chose to be CFMoto dealers. What convinced you about this brand for the Terago area?

Michele Tondin: Before becoming official dealers, we analyzed the vehicles obsessively, both mechanically and structurally. CFMoto offers build quality and a very competitive quality-price ratio. It is a versatile brand, perfect both for those who use the quad for work and for those who want to have fun between Lakes Lamar and Terago.



The experience gained in the workshop translates into a direct and technical approach to every vehicle: from ordinary maintenance to more complex operations, every process is carried out with attention to detail and deep knowledge of the components, to ensure reliability over time, both in professional use and in the most demanding off-road activities.

When it comes to customizations, how far does Speed Performance go?

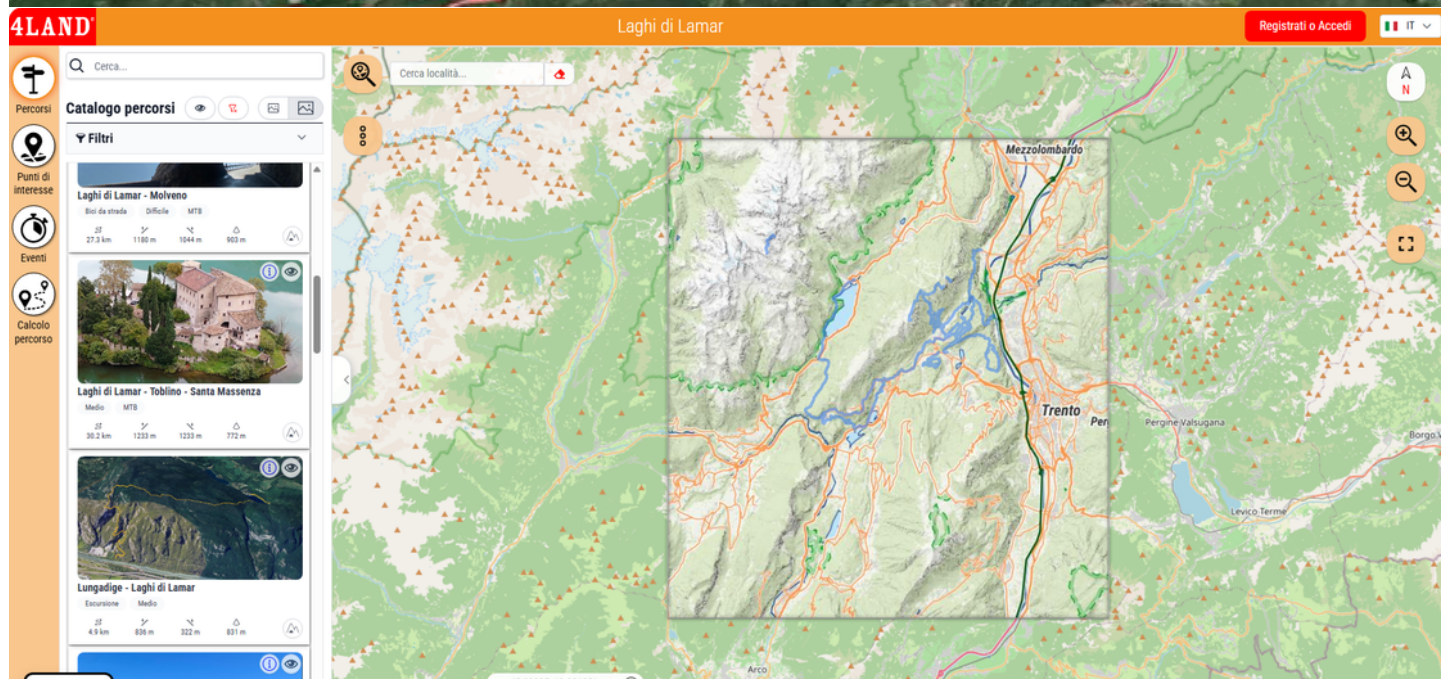
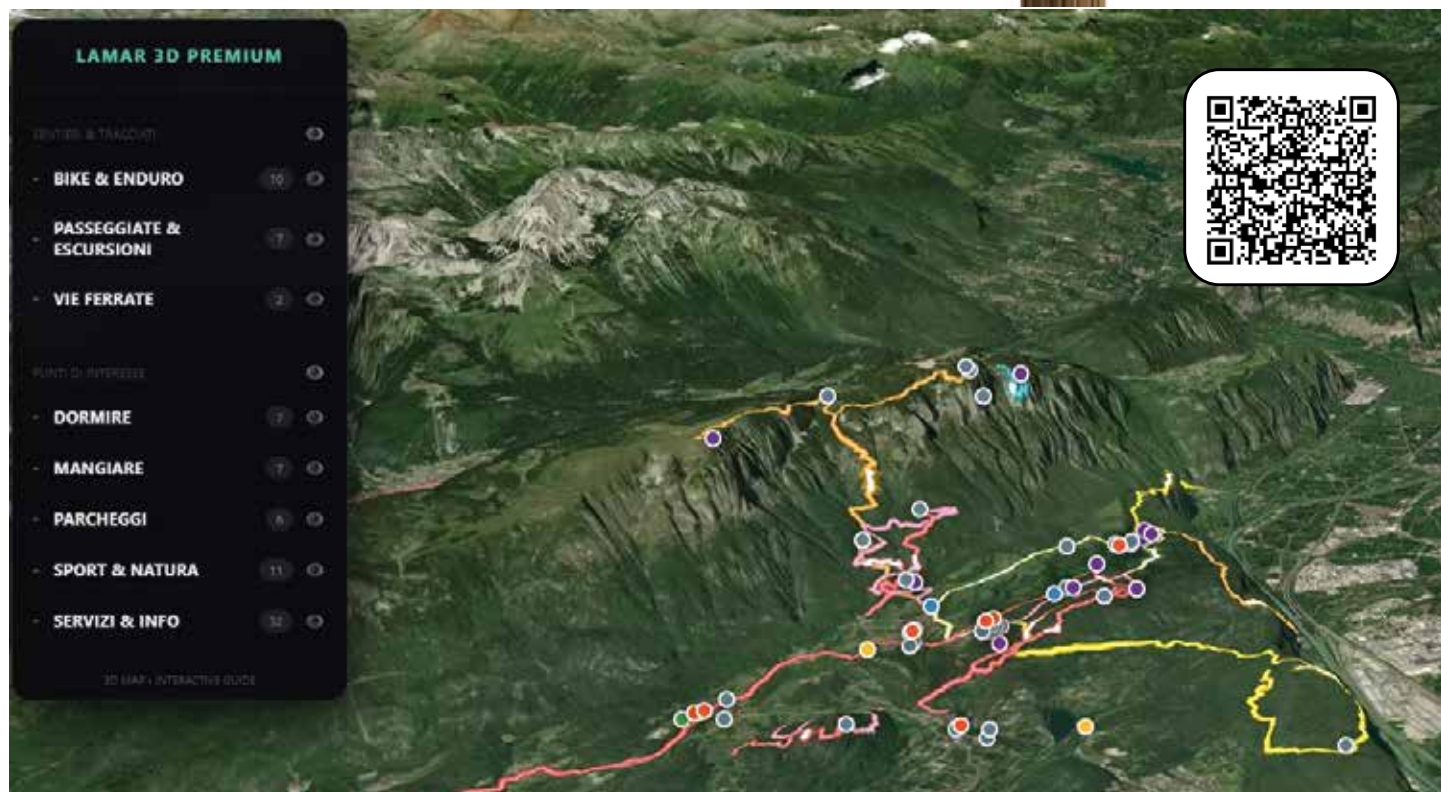
Michele Tondin: We have no set limits. We carry out complete projects starting from scratch, developing specific vehicles or homologated racing machines. We also handle more targeted interventions, such as optimizing engine control units for cars, quads, and side-by-sides, to adapt them perfectly to our steep slopes.



Looking to the future, what are the next milestones for you?

Michele Tondin: The goal is clear: to create an official team and develop a racing project with CFMoto side-by-sides. We want to participate in the Italian Baja Championship and, eventually, bring our expertise from Terago all the way to the Dakar.

INFO maps





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THE MAN WHO LISTENS TO THE WIND

Interview with Stefano,
P.U.M.A. pilot



Hello Stefano! Thank you for your time. Let's start with the basics: what does "flying" mean to you and why did you choose the big family of P.U.M.A.?

Hello! Thank you. Look, for me, flying is synonymous with a single word: freedom. When you lift your wheels off the ground, you also leave behind your thoughts, the gravity of the daily routine, and borders. In flight, it is just you, the machine, and the air. I found in P.U.M.A. the ideal place for this passion. It is an association of true enthusiasts, where there is no room for business or commercial flights. We are united by the culture of ultralight flight, a deep respect for the sky, safety, and the desire to share this healthy obsession that is sports aviation. We are a group of friends bound by the same element.

You often fly in Trentino, a spectacular land from above. Is there an area that makes your heart beat faster than others?

Absolutely, yes. There is a route I take every time the weather conditions are perfect, and I never grow tired of it: taking off and heading towards the Lakes of Lamar, then flying along the majestic cliff face of the Paganella. It is an itinerary that contains the very essence of my idea of flight.

Describe the feeling you experience when flying over the Lakes of Lamar. What can you see from up there?

Flying over the Lakes of Lamar is an almost mystical experience. From above, those two mirrors of water nestled in the greenery look like two precious gems, of an emerald green and deep blue that change depending on the sunlight. At that moment, the feeling of freedom is absolute, almost overwhelming. You are suspended in a dynamic silence, and you realize how small we are, yet at the same time immensely lucky to enjoy such a spectacle. The contrast between the still water below you and the vastness of the sky above is indescribable. You feel part of nature, not just a spectator. There, you truly understand what it means to have no barriers.

And then there is the Paganella. There, the flight gets closer to the rocky walls. What happens when you approach the mountain?

Flying along the Paganella is a mix of adrenaline and wonder. Flying close to those vertical walls gives you the exact perception of the mountain's power. The most incredible thing is that by maintaining the right speed and exploiting the currents, I can clearly spot the

adventurers engaged on the mountaineering routes and via ferratas.

Can you really see them? What is it like to meet other “explorators” in that way?

Yes, you see them very well! They are small colored dots clinging to the rock. There is a sort of “brotherhood of verticality” between us and them. I seek freedom in the sky, they seek it climbing the wall, inch by inch, defying gravity. Sometimes, if safety distances allow, a small tip of the wings from me or a wave of the hand from them becomes a silent way of saying: “I understand you, we are looking for the same thing.” Them from below, me from above. We both love adventure without filters.

One last question, Stefano. What would you say to someone who looks at the sky from below and hears the call of flight?

I would tell them not to let their passion remain locked in a drawer. We at P.U.M.A. are an association open to anyone who wants to approach this world to understand its technique, theory, and spirit. Come visit us in the



hangar, breathe the air of the runway, listen to the pilots' stories. The best way to overcome hesitation is to share the passion with those who live it every day. The sky belongs to everyone.



THE GREEN SILENCE



Under the surface of Lake Lamar with the Pixel_Divers

Lakes Lamar are a well-known destination for diving. What makes them so special for a diver?

It is the atmosphere. The water, which can be very cold, is crystal clear at certain times of the year. Diving here means gliding over ancient underwater landslides, crossing forests of submerged trees, and observing the light plays filtering from the surface. It is scenically perfect; it is no coincidence that we love taking photographs down here.

Diving in an alpine lake is different from the sea. What kind of preparation does it require?

It requires a lot of technique, respect, and suit-

able equipment, such as a drysuit, to counteract the low thermocline temperatures. But the most fascinating aspect is the calm. In the lake, there are no marine currents; there is an almost mystical silence that transforms the adrenaline of the dive into true meditation.

What is the golden rule for those diving in such delicate waters?

Neutral buoyancy. A good diver never touches the bottom, so as not to kick up silt and alter the habitat of the local fauna. We are visitors in a world that does not belong to us; our only purpose is to bring images and emotions to the surface, leaving the seabed exactly as we found it.

The waters of the Lakes of Lamar do not limit themselves to reflecting the sky: they hide a secret world of striking submerged trunks and unique rock formations. We spoke with the 'Pixel Divers' team, who explore and photograph this underwater ecosystem.







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THE FOREST IS OUR HOME

Dialogue with Fulvio Frizzera, President of ASUC Terlago (Comunitas Trilaci)



Fulvio, what does it mean to manage civic-use assets for such a touristy and sporty territory?

It means being the custodians of a centuries-old heritage. The Comunitas Trilaci is the original community and owner of the forest; it administers it on behalf of the whole community and bears full responsibility for it. Managing trails, mountain pastures (malghe), and lake shores means ensuring that tourists can enjoy them today, without stealing the opportunity for our children to enjoy them tomorrow.

Many sports enthusiasts (climbers, bikers) live in the forests daily. What is your relationship with them?

It is a relationship of mutual respect, or at least it should be. Those who practice sports are nature's first allies because they derive well-being from it. We at the Comunitas Trilaci work to keep the trails clean and the forests prosperous, but we ask athletes and visitors not to go off-trail, not to leave litter, and to respect reforestation areas.

What is the message of the Comunitas Trilaci for this year 2026?

Explore our land, have fun between the lakes of Terlago and Lamar, but walk with a light step. Every tree and every body of water is a precious, living, and fragile asset. Only by protecting it together can we continue to love it.



PROTECTING THE BEAUTY

An interview with Lorenzo Miori,
Mayor of Vallelaghi



To close our special feature, we give the floor to the institutions. The Mayor of Vallelaghi, recently re-elected in 2025, talks to us about the territory's riches and the delicate balance between tourism and environmental protection.

Mr. Mayor, Vallelaghi is increasingly becoming a beloved destination for 'Sport & Fun'. How do you see this phenomenon?

I see it as a great opportunity, if managed intelligently. Our municipality possesses incomparable beauties: the Lakes of Lamar are the most sparkling example. Promoting sports tourism means attracting visitors who naturally love the environment and tend to respect it.

What is the biggest challenge for the municipality today?

Preserving the authenticity of our places. Our lake shores, trails, and rock faces must welcome tourists without disrupting the lives of residents. This is why we support 'gentle' tourism, where even adrenaline never crosses the line into invasion, acoustic disturbance, or environmental pollution.

An invitation to those who will read this magazine comfortably from the couch of our accommodation facilities?

Experience Vallelaghi to the fullest. Dive in, pedal, climb, and discover the hospitality of our facilities and local producers. You are welcome in one of the greenest and most vibrant hearts of Trentino.





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